

Example of a Daily First Semester Schedule

Breakfast	8 a.m.
Morning Class	9 a.m.
Quiet Time/Mentoring	11 a.m.
Lunch	12:30 p.m.
Afternoon Class	1:30 p.m.
Mentoring/Free Time	3:30 p.m.
Dinner	5:30 p.m.

Times are subject to change

Example of a Daily Second Semester Schedule

Breakfast	7:00 a.m.
Instruction/Culture	8:00 a.m.
Lunch	12:00 p.m.
Afternoon Activity	1:30 p.m.
Free Time	4:30 p.m.
Dinner	6:30 p.m.

Times are subject to change

Example of Afternoon Activities

Cultural Activity
Service Work
Small Groups
Worship
Mentoring
Community Time
Free Time

Example of Evening Activities

Sunday	A.N.C.H.O.R.
Monday	International preparation
Tuesday	Community Night / Free Night
Wednesday	Small Group
Thursday	Worship
Friday	Community Night / Free Night
Weekends	Depending on the schedule

Events are subject to change

OR

Breakfast	7:30am
Service Projects	8:30am
Lunch	12:00pm
Service Projects	1:00pm
Community Sports / Free Time	4:00pm
Supper	6:00pm
Community Night (A.N.C.H.O.R.)	7:30pm

Times are subject to change

