

Equipment and Clothing Requirements **(Guatemala & South Africa Programs)**

Why this list for a Discipleship Program?

Outtatown is an intensely experiential and hands on program that takes you, the student, all the way from the Prairies and the Rockies – living, learning and working with inner city and rural organizations – and then to either Guatemala or South Africa.

During both semesters, you may find yourself in many different environments – on a lake, sleeping in a church basement, sleeping in a cave, hiking a mountain, skiing/snowboarding, sitting in a classroom, sunbathing on a beach, etc. Having the appropriate clothing and equipment can make your experience much more comfortable and enjoyable.

Most of the clothing and gear we recommend are multi-functional, therefore, you will be able to use them in the environments mentioned above, and keep them for future adventures. We realize that it can be expensive to purchase new gear, so for some items you may want to borrow from siblings or friends. In most cases, we strongly recommend bringing the clothing and equipment in these packing lists, but you may use your own judgement.

Regarding clothing - students are required to dress in a clean, neat and conservative manor. For women, this means no short shorts or skirts, low-cut tops, tight clothing, bikinis, spaghetti strap tank tops or midriffs showing. Pants, jeans and knee-length skirts are fine. Jeans and other casual wear are acceptable.

Regarding footwear - It is incredibly important to have the appropriate footwear for a program such as this one. You will need a pair of light weight hiking boots (for hiking, climbing and trekking that happens during BOTH semesters). Everyone has different feet; so make sure you get a pair that is comfortable for you. We also suggest having a few pairs of socks that dry quickly and keep your feet warm even when they're wet. Wool socks are usually a good option.

Second Semester/International Locations – In most other countries people tend to dress modestly. While women in some countries do wear pants and shorts, skirts and dresses (knee-length) are more common in some areas. In Guatemala, the weather is spring like all year, so make sure you pack enough layers to accommodate a wide span of different temperatures. South Africa is typically very warm during this time of year therefore make sure you have enough cool options (please refer to the clothing section up top). Casual dress clothing for evening events is also required. Remember to bring a few long sleeved options – climbing volcanoes in the early morning or driving through a game park during the night can both be a bit on the chilly side!

Regarding packing – For first semester, you are limited to two bags per person and one carry-on. For second semester you are limited to one bag of no more than 50lbs and one carry-on per person (based on airline regulations)

You can purchase or make a travel sack for your backpack for the airplane (this is not the same as a rain cover). If you don't use a travel sack, tuck in and/or tape down all the straps, reverse and buckle the waist belt around the bag, etc. Make it "tight" to avoid anything getting snagged and your bag destroyed by a luggage conveyor belt!

If you plan to make purchases, make sure you leave extra room while packing to take stuff back with you.